

PRO nanoinfusion

PRE-PROCEDURE RECOMMENDATIONS



Pre-procedure guidelines are important to follow, so you can get the best results from your service.

1. Do not use topical agents that may increase the sensitivity of your skin such as retinoids, exfoliants, topical antibiotics or hydroxy acids 5-7 days prior to the procedure.
2. Avoid IPL/Laser procedures for at least 2 weeks prior to the procedure.
3. No waxing, depilatory creams, or electrolysis to the area being treated for 5 days prior.
4. Avoid unprotected sun exposure or sunburn at least one week before the procedure.
5. Do not shave the face the day of the procedure to avoid skin irritation.
6. Keep make up to a minimum day of the procedure if possible and do not experiment with new products beforehand.
7. Avoid alcohol and caffeine 24-48 hours before the procedure.

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POST CARE RECOMMENDATIONS



Aftercare is critical for achieving your healthiest-looking skin, so we want to make sure you know exactly what to do.

1. Try to stay out of excessive sun exposure such as tanning and sunbathing for at least 10 days to avoid risk of hyperpigmentation and sensitising the skin.
2. Do not apply make up immediately after procedure. Continue to wear SPF 30+ daily.
3. Gently cleanse your face before bedtime day of the procedure with a gentle cleanser and tepid water.
4. Use serums and the recommended skin care products per your skin therapists' directions.
5. Avoid sweaty exercise, saunas, and swimming for at least 48 hours after the procedure.
6. Avoid immediately using active skin care (including AHA/BHAs, exfoliants, Vitamin A, Retinol, etc.) for at least 3-5 days.

Should you have any concerns after your procedure, please contact your Dermalogica skin therapist.

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